

Kūlana o Kapolei

Projects, Events, Workshops and Talks

Summer (May-August, 2022)

Mōike Aloha: Kūlana o Kapolei is dedicated to the people and places of West Oahu, Hawai'i, and to the resonance of Indigenous knowledge throughout the world. We focus on creative and cultural collaborations that address the needs of our time:

Aloha 'āina, nā mea 'ai pono, 'ike kupuna, ho'oulu lāhui

LAND, FOOD, KNOWLEDGE & PEOPLE

Upena Moananuiākea

Establishing the Hub Pasifika to Empower Native Hawaiian Futures

Focus: Work with new technologies to advance mana moana initiatives

- Developed and maintained Niu Now and Uluniu movement (cultural agroforestry)
 - Monthly uluniu (coconut grove) work on UHWO campus (4 x)
 - Developed niu nursery in Ho'olehua, Molokai + Waianae Comp
 - Replanted niu nursery with 400+ niu (24 varieties) at UHWO
 - Niu Nursery give-away set for Waianae Comp Health Center (400+ niu)
 - Talks with STEM, MA groups, Hawaii Farmers Union, MA'O Farms on niu
 - Kupu Ka Niu Kupu Ke Kanaka – Niu Arts Exhibition at Arts & Letters, Nu'uano
- Indigenous AI (Artificial Intelligence/Abundance Intelligence) work with International colleagues: Dr. Jason Edward Lewis, Dr. Hemi Whaanga, Dr. Linda Smith, Kamuela Enos...
 - Collaboration with Aotearoa, United States, Canada, Hawaii, Australia, Oceania
 - Futuristic Technology grounded on mō'ike aloha – Hawaiian epistemology
- Taught UH Mānoa College of Education EdD Cohort IV Summer Class (26 students) via Mō'ike Aloha, 'Ike Pāpākolu (Hawaiian Hermeneutics) & Holographic Epistemology (focus: justice, diversity, leadership, transformation, Indigenous knowing)
- *Energy Kākou: Centering Community for Successful Outcomes in Hawai'i*
A Playbook for the Hawaii State Energy Office (collaboration with Stephanie Chang)
- Urban 'Āina – Work with Dr. Heather McMillen on producing a journal article with cultural mahi'ai on creation of urban food forests, 'ai pono projects, niu nurseries, and O'ahu aloha 'āina learning sites (publication ready in Spring, 2023)
- STEM Collaboration with UH Mānoa (Dr. Tara O'Neill) 18 haumana came for a full day of "Village STEM Experiences" up at Palehua with UHWO haumana, neighbors, etc.
- Reviewer/Evaluator for Marsden Research Fund. Topic: Vision Mātauranga
 - International Research Fund focusing on futuristic needs situated in New Zealand
- Finished Chapters for Dr. Upolu Vaai of the Pacific Theological College, Fiji
 - Book project: *Re-Storying the Pasifika Household*
 - Kūlana o Kapolei Article: *Spirituality Centered around Aloha + Pono*
 - *'Ike Kai Hohonu: Oceanic Spirituality – Difference is what we have in common.*
- Collaboration with Dr. Nat Tuivavalagi of Pohnpei + Samoa on uluniu initiatives and potential research gathering for 2024 'Aha Niu: International Coconut Conference

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Hahai no ka ua i ka ululā'au. Plant a forest and the rains will come.
Share purpose with others and live a life of meaning.

Wailau Ola Pathway

Collaboration with Windward Community College + UH West O'ahu

Focus: 'Ike Kupuna, 'Ōlelo Hawai'i, 'Ike 'Āina, Hawaiian Recruitment/Retention

- Co-Developed and introduced AKAMAI, a family board game specific to Hawai'i (1,000 games were produced and distributed via families, Nā Mea Hawai'i, etc)
 - 'Ōlelo – Words and Language
 - 'One'i – Local Kine Things
 - Wahi Pana – Legendary Places
 - Loina – Practice and Traditions
 - Mele – Songs & Music
 - Mo'olelo – Stories & History
- Kōkua for Auntie Lynette Paglinawan for Ho'omau course (80 haumana) via Zoom
Ho'omau - Hawaiian Resilience via principles and practices of Ho'oponopono
Five weekly class: July – August, 2022 (Wednesdays, 9:00 am – 11:00 am)
- Co-produced book on Ka'ū mo'olelo by Richard Likeke Paglinawan
Published by Kaiāo Press, distributed by Native Books
- 'Ike Waiulu – Water Conservation collaboration with Dr. Lelemia Irvine and Leialoha Leslie, UHWO HIHH student and Aloha 'Āina Student Club member
- DOE Cultural Agroforestry Project: work with Dr. Heather McMillen, Roxanne Adams, & Lydi Bernal on creating 5 cultural orchards in DOE schools (ulu, niu, mai'a, etc)
- Workshop for Waianae Health Academy on Ho'opono (Dr. Lehua Akau)
 - 4 hour workshop with nurses on cultural communication practices
- Workshop for Youth Challenge Academy (Dr. Tui Tuiteleleapaga) on Ho'oponopono
 - Work with 40+ staff on cultural mediation principles/practice with youth
- Workshop for HPEP on Ho'opono - Mutual Emergence (Dr. Naomi RombaoaTanaka)
 - Dyad work with 28 Zoom participants on principles/practices of Ho'oponopono
- Workshop for Community Health Workers Conference on Cultural Resilience
 - 1.5 hour experience with 80+ CHW on Hawaiian values/principles of resilience
- Ho'oponopono for Dr. Cathy Ikeda's Education students (5 students)
- Awa Ceremony for new UHWO Faculty + Staff
 - Creation of ceremony, apu awa, and space for cultural welcome
 - Lunch and Kūkākūkā with Kaiulani Akamine, Dr. Kealani Cook + Dr. Lelemia Irvine
- Workshop for MA'O Farms: 'Ai Pono and 'Ike Wai Ola
- [American Indian](https://www.americanindianmagazine.org/story/the-breath-of-life): The Breath of Life: Traditional Hawaiian Farmers Are Reviving "Aloha 'Āina," Love of the Land <https://www.americanindianmagazine.org/story/the-breath-of-life>

Pictures that capture Kūlana o Kapolei – Summer, 2022



Youth Challenge Staff Workshop on Ho'oponopono, July 11



Dream House Work with UHWO Alumni Chaney Lopez, June 8



Ulu A'e Hawaiian Learning Center of Kalaeloa Workshop @ Palehua: "Uhaloa is Medicine", July 21
This workshop was lead by UHWO SCFS and Aloha 'Āina Student, Adam Hanohano with Kūlana o Kapolei kōkua

AKAMAĪ
A POWERFUL GAME OF INQUIRY

August 5th-6th

O'ahu Lunch Events

E Pū'ani Kākou! Let's Play!
Join us for a fun weekend of AKAMAĪ. Come when you can and leave when you must. All are welcome. From keiki to kupuna, e hele mai!

Fri, August 5th 4:30p-pau Arts and Letters Gallery	Sat, August 6th 11a-pau KĪPUKA by Nā Mea Hawai'i
4:30p Doors open at Waieka Collective	10:30a Doors open at Kūpuka by Nā Mea Hawai'i
5-7p Pū'ani time. Games begins every hour	11-3p Pū'ani time. Games start at 1A, 1P, & 3P
7p Prizes, mo'ohua, & closing	4p Prizes, mo'ohua, & closing

Please RSVP for the pū'ani time you'd like on our event page at www.nathwbookschool.org
If you have any inquiries please contact lhau@nathwbookschool.org

WAIWAI COLLECTIVE & NĀ MEA HAWAII

AKAMAĪ launches on O'ahu in August!

It is my job as haku to help examine all negative behaviors and to bring forth genuine behavior.

If you live it, you gonna know when you step out of alignment. You gotta catch yourself and mihi

I believe Aloha Language helps people in their relationships, not only with their family but with our elemental forms.

Aunty Lynette Paglinawan

Aunty Lynette has 80+ haumana in her Ho'omau: Hawaiian Resilience class



Inhabitants of the Sandwich Isles 1816-1817 Louis Choris

Kupu Ka Niu Kupu Ke Kanaka

When Coconuts Grow, Humanity Thrives

Coconut Arts Exhibition @ Arts & Letters, Chinatown

April 16 – May 29, 2022

Coconuts give us life in many ways, such as food, water, shelter, tools, building materials, cups, bowls, mulch, hats, baskets, medicine, and more. A vast range of gift and legacy objects also create awareness of the importance of a relationship with the niu. Collecting niu seed nuts for nurseries, planting uluniu – coconut groves, and gathering fresh nuts for food is a (k)new focus in the Hawaiian Islands. This exhibition is part of reinvigorating our knowledge and affection for the niu beyond its ornamental status and downgrading to an exotic palm.

Kupu Ka Niu, Kupu Ke Kanaka, When Coconuts Grow, Humanity Thrives is a focus on the form, beauty, essence, and function of kumu niu. The exhibition title is borrowed from the pule niu chant, collected and published by Nathaniel B. Emerson in 1897, and gifted to us by cultural practitioners Taupori Tangaro and Pūlama Collier.

The function of the coconut referred to in indigenous knowledge, oral narratives, and literature as the Tree of Life, is vital mo'olelo. Historical to contemporary artworks in the exhibition gives form to the essence of what kupuna integrated into their daily lives through their continuous and intentional relationship with the natural world. This celebrated moment brings into focus a niu heritage through film, weaving, apu, lei, umeke, kaula, niu faces, painting, historical images, photography, instruments, and omole to bring into our lives a relationality and renewed affection for kumu niu. Ulu Ka Niu! Curators: Ngahiraka Mason and Manulani Aluli Meyer



Opening Night @ Arts & Letters. This exhibition opened after a Niu Now Gathering @ Iolani Palace with 40+ participants! Ulu ka niu!

Kūlana o Kapolei – Summer, 2022



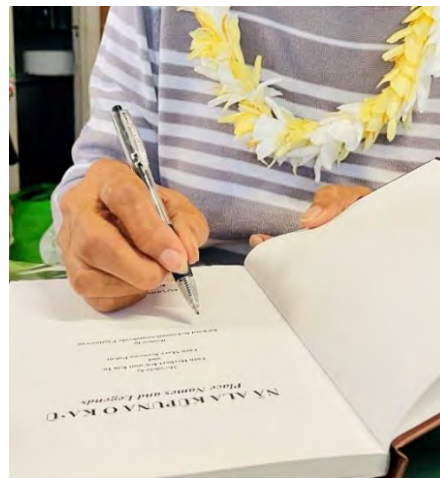
Waianae Health Academy nurses workshop on Ho'opono, June 9



SCFS and Aloha 'Āina Student Club workday @ Palehua, May



Dr. Emmet Aluli with Aunty Lynette and daughter, Ka'ai'ai



Aunty signing Nā Ala Kūpuna o Ka'ū



AKAMA'I – A family board game dedicated to 'ike Hawai'i is being launched this summer across ka pae 'āina o Hawai'i!

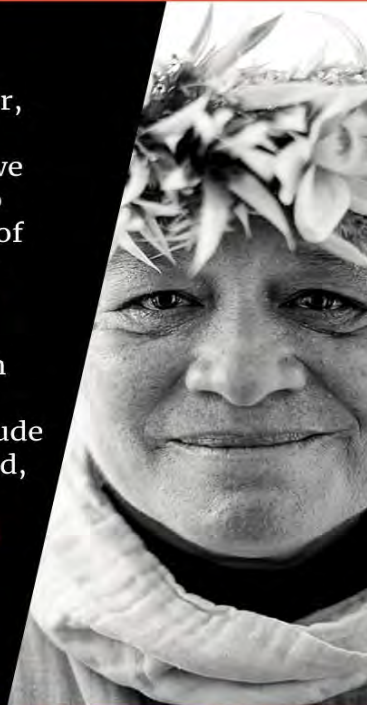
UNSETTLING KNOWLEDGE INEQUITIES PODCAST

“

When you gather people like us together, we **recognize difference and we honor difference**, because difference is what we have in common. But when you go deep into difference, I have found the depth of what it means to be universal. I believe **Western systems confuse universality with uniformity**. And this is why our specific epistemology, found in my own Hawaiian culture, is now called **holographic epistemology**. It must include everyone. And everyone's thinking is old, when you prioritize it within a value system that **prioritizes love of land and service to people**.

MANULANI ALULI MEYER

Associate Faculty Specialist,
University of Hawai'i West O'ahu



SPARC * S2E4: INDIGENOUS EPISTEMOLOGIES AND OPEN SCIENCE: LEARNING FROM THE LAND



KUMU NIU

14 minute documentary of our final Planting Day @ the Uluniu Project - UHWO campus.

Kumu Niu Documentary Film by National Association of State Foresters (Alex Cantatore) was released this summer across America and in Hawai'i.

Kumu Niu was used for the Niu Arts Exhibition: Kupu Ka Niu Kupu Ke Kanaka: When coconuts grow, humanity flourishes

Vimeo: <https://vimeo.com/681570866/d19625bcc3>

YouTube: https://www.youtube.com/watch?v=c_uT9I5Jbac



Niu Nursery @ Waianae Health Center, August 2021 (420 planted)



Same niu nursery today! All 400 coconuts to be gifted on Aug. 27



UHWO Aloha 'Āina Student Club members at Uluniu Project site



Uluniu Saturday Workday in July with New York GROW Externs!



July 14, 2022: UH Mānoa MA STEM (18) students came to experience: "Palehua Village" lead by five Palehua neighbors dedicated to 'ike 'āina and to STEM related knowledge.

Dr. Tara O'Neill appreciated the depth and diversity of what her students learned and she and her team look forward to future collaborations.

SCFS student Adam Hanohano directed the Native Reforesting efforts.

Kūlana o Kapolei – Summer, 2022



EdD Candidate + Wailau Ola Director Hōkū Kwan
With Aunty Manu

UH Mānoa EdD Cohort IV, June 13-28, 2022

Teaching 26 Doctoral students in Education was a highlight of this summer! The class, EDEA, 780M: Engaging Diverse Student Populations – Leadership for Social Justice was accomplished via ‘ike kupuna:

- Mō‘ike Aloha - Hawaiian epistemology
- ‘Ike Pāpākolu - Hawaiian hermeneutics (interpretation)
- Ākea Akamai - the evolution of universal principles
- Ho‘opono - to speak with truth, clarity and kindness
- Kūkākūkā - to insert and receive ideas with aloha
- Wānana - to discuss with intention and clarity and to thus *cause/see* our future
- Ho‘omaopopo - to cause understanding within yourself and to share that understanding with others
- A‘o mai, a‘o aku - to teach ourselves what we are wanting to learn + to inspire that in others
- ‘Ōlelo No‘eau - Hawaiian proverbs and wise sayings



NIU NOW!

Honoring our Coconut Heritage

Location: Waianae Coast Comprehensive Health Center!

Priority will be for West Side 'ohana + 'āina

Saturday
August 27, 2022
9:00 am-1:00 pm

COCONUT GIVE-AWAY!

Please come and become part of a growing movement to honor and care for our uluniu, coconut groves, and 'ike niu - our precious coconut knowledge. We have 400+ healthy niu to give away!



WAIANAЕ COAST
COMPREHENSIVE
HEALTH CENTER



For information:
indrajit@hawaii.edu
manulani@hawaii.edu



I have spent every Wednesday for the past three years with Auntie Lynette! Her Ho'omau class this summer has 80+ students!

Auntie Lynette Kaopuiki Paglinawan

- *The remedy for healing from cultural and historical trauma is cultural reclamation.*
- *I believe in the gods of my ancestors represented in kinolau. Ku, Kane, Kanaloa, Hina. I believe in them. I believe in the winds and the message it brings.*
- *Spirituality is ever-growing and multiplying until you have internal strength.*
- *Pono is within yourself. It is a state of being.*
- *It is about form and essence. Form is the outside. Essence is the inward meaning, the effects, the purpose. The deep essence is always aloha.*
- *What you know you have to express it fluidly.*
- *Self-reflection is key in developing pono.*
- *Know Thyself. That is a critical principle of ho'oponopono. You must know who you are.*
- *Living in ohana gave us the aloha spirit. We did not learn that at school. My family culture gave us this Aloha Spirit – love for family and love for other people.*
- *You're not pono if you're preoccupied or distracted. Pono as a reflection on a micro-level relates to the individual, on a macro level, it's about society.*
- *Aloha is never forced or contrived. The question you can ask: How do I express things in a kind way? Then it can flow.*
- *Your thoughts are words in the spiritual realm.*
- *Our Scientology is based on what we do, and our relationships with people.*
- *We don't think in numbers, we think in relationships.*
- *The emphasis is not on mathematics, it's on experience.*
- *We have an edge on Science because we deal with Spirit.*
- *How can you communicate in a manner that does not scold? How do you talk so they want to listen?*
- *Aloha is the best tool you have. It's the best protection from negative energy.*
- *We're stronger! We're applying ourselves. We're not the way we used to be. We're stronger*
- *Each person is at a different point of readiness.*
- *Life is wonderful! Electronics are super! It used to scare me! This (Zoom) has been rewarding to me. It's time to decolonize academia and to connect people to spirituality.*
- *In academia we hesitate to talk about spirituality. We cannot bring it into Academia, and yet in the field of Health and Healing we need this kind of health.*
- *So, my journey now in life is to decolonize our universities.*