



UNIVERSITY  
 of HAWAI‘I®  
 WEST O‘AHU



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 MĀNOA

**UH Mānoa Graduation Requirements**

- 45 Upper Division Credits Minimum
- 120 Total Credits Minimum
- 30 UHM Credits Minimum
- 5 Writing Intensives (3 must be Upper Division 300 or higher level)
- Focus Requirements (HAP, OC-300 or higher level, ETH-300 or higher level)
- 2.0 Cumulative GPA (Note: Other GPA’s may be required)
- Good Academic Standing

**Year 1**

**UH West O‘ahu (Summer)**

Course	Course Title	Credits
HLTH 123	Intro to Clinical Skills & Patient Care	3
SD 105D	Career and Major Exploration: Knowing My Options	1
	Clinical Experience	

Total Credits: 4

**Notes:** The summer semester can be completed in Year 1 or Year 2.

**UH West O‘ahu Semester 1 (Fall)**

Course	Course Title	Credits
ENG 100 or ENG 100T (FW)	Composition I	3-5
PSY 100 (DS)	Survey of Psychology	3

Course	Course Title	Credits
HWST 107 (DH, HAP)	Hawai'i: Center of the Pacific	3
PHYL 141 (DB)	Human Anatomy and Physiology I	3
PHYL 141 L (DY)	Human Anatomy and Physiology Lab I	1
SD 100e	The University Experience	1
NSCI 100L	Transdisciplinary Introduction to Laboratory Methods	1

Total Credits: 15-17

**Notes:**

- Submit Continued Enrollment Form by December 1<sup>st</sup>.
- Schedule appointment with your Faculty Advisor/College Success Advisor to review degree requirements.

**UH West O'ahu Semester 2 (Spring)**

Course	CourseTitle	Credits
ENG 220 (WI)	Scientific Writing I	3
HIST 156 (FGC)	World History of Human Disease	3
MATH 115 or MATH 115 M/L	Statistics	3-5
SD 102	Identity, Place and Culture	1
PHYL 142	Human Anatomy and Physiology II	3
PHYL 142 L (WI)	Human Anatomy and Physiology Lab II	1

Total Credits: 14-16

**Notes:**

- Submit Continued Enrollment Form by May 1st.
- Schedule appointment with your Faculty Advisor/College Success Advisor to review degree requirements.
- Submit the two-step application to UH Manoa by September 1st.

## Year 2

### UH West O'ahu Semester 3 (Fall)

Course	Course Title	Credits
HLTH 298D	Health Seminar	1
MICR 130	General Microbiology	3
BIOC 141 (DP)	Fundamentals of Biochemistry	3
PSY 240 (DS) -UHM HDF5 230 equivalent	Developmental Psychology	3
SP 151 (DA)- UHM COMG 151 equivalent	Personal and Public Speaking	3
HLTH 204	Introduction to Native Hawaiian and Indigenous Health and Healing	3

Total Credits: 16

Notes:

### UH Mānoa Semester 4 (Spring)

Course	Course Title	Credits
NURS 211	Professionalism in Nursing	2
NURS 210	Health Promotion Across Life Span	3
NURS 210L	Health Promotion Across Life Span Lab	6
NURS 212	Pathophysiology	3
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits: 15

Notes:

## Year 3

### UH Mānoa Semester 5 (Fall)

Course	Course Title	Credits
NURS 220	Health and Illness I	3
NURS 220L	Health and Illness I Lab	6
NURS 213	Pharmacology	3

Course	Course Title	Credits
FSHN 185 (Online)	The Science of Human Nutrition	3
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits: 16

Notes:

### UH Mānoa Semester 6 (Spring)

Course	Course Title	Credits
NURS 321	Women, Newborn, Family Health	2
NURS 321 L	Women, Newborn, Family Health Lab	3
NURS 322	Child and Family Health	2
NURS 322L (WI)	Child and Family Health Lab(W)	3
Global & Multicultural perspective (FG)	Select any FGA or FGB	3
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits: 14

Notes:

## Year 4

### UH Mānoa Semester 7 (Fall)

Course	Course Title	Credits
NURS 360	Health and Illness III	3
NURS 360L	Health and Illness III Lab	6
NURS 363	Introduction to Nursing Research (E) *Note if do study abroad (summer) they can take N452 during this semester	3
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits: 13

Notes: To lighten semester 8 load, recommend: during Semester 7 - students apply to study abroad for N363 (summer course), then take N452 or N453 in Semester 7 \*\*\* Semester 7 N360/360L is rigorous so do not take more than 13 cr.

## UH Mānoa Semester 8 (Spring)

Course	Course Title	Credits
NURS 450	Population and Global Health Nursing	2
NURS 450L (OC, WI)	Population and Global Health Nursing Lab	3
NURS 465	Psychiatric-Mental Health Nursing	2
NURS 465L	Psychiatric-Mental Health Lab	3
NURS 452 (HAP)	Cultural Aspects of Health Management in Populations Indigenous to Hawaii, Pacific & Asia	3
NURS 453	Introduction to Genetics & Genomics in Nursing Practice	3
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits:17

Notes:

## Year 5

### UH Mānoa Semester 9 (Fall)

Course	Course Title	Credits
NURS 460	Complex Nursing and Leadership	4
NURS 460L (WI)	Complex Nursing and Leadership Lab	6
NURS 461	Advanced Pathophysiology	2
HLTH 498a (UHWO Course)	Topics in Health	1

Total Credits: 13

Notes: Apply for graduation.

- Please review the UH Mānoa Catalog for compliance with the recommended completions.