

Bachelor of Arts in Social Sciences, Psychology

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through STAR GPS at <https://www.star.hawaii.edu/>. Academic Advising appointments may be scheduled by calling 808-689-2689 or toll-free from neighbor islands at 866-299-8656 or by visiting STAR BALANCE at <https://www.star.hawaii.edu/appointment/login.jsp>. Please visit the Advising website for further information <https://westoahu.hawaii.edu/academics/advising/>.

Graduation Requirements (see the 2025-26 catalog for any additional graduation requirements):

- | | | |
|--|---|--|
| <input type="checkbox"/> 45 Upper Division Credits Minimum | <input type="checkbox"/> 3 Upper Division Writing Intensive Courses | <input type="checkbox"/> 2.0 UHWO GPA |
| <input type="checkbox"/> 120 Total Credits Minimum | <input type="checkbox"/> Focus Requirements (OC, HAP, ETH) | <input type="checkbox"/> 2.0 CONCENTRATION GPA |
| <input type="checkbox"/> 30 UHWO Credits | | |

**Note: Some courses may be applied more than once to fulfill General Education, Core, or Concentration Requirements. Double-counted courses do not reduce the number of credits required for the concentration. Students are still responsible for meeting the minimum number of credits in the concentration and the overall total credits for graduation.*

General Education Requirements: 31 credits (*25 credits see note above)

Credits	Course Alpha / Number / Title
3	Foundations Written Communications (FW) ENG 100 Composition I
0*	Foundations of Quantitative Reasoning (FQ) MATH 103 College Algebra, MATH 115 Statistics or higher <i>*Will Satisfy Lower Division Math Requirement</i>
6	Foundations Global and Multicultural Perspectives (FG): 6 credits from two different groups (A, B, C): *Group A: Primarily before 1500 CE (e.g., HIST 151 or ANTH 151) *Group B: Primarily after 1500 CE (e.g., HIST 152 or ANTH 152) *Group C: Pre-history to present
6	Diversification Arts, Humanities & Literature (DA, DH, DL): 6 credits from two different areas
0*	Diversification Social Sciences (DS): 6 credits from two different areas PSY 100
3	Diversification Social Sciences (DS): Different area from above.
3	Diversification Natural Sciences (DB, DP, DY): 3 credits from the biological sciences (DB):
3	3 credits from the physical sciences (DP):
1	1 credit of laboratory (DY):

Writing Skills Requirement: 3 credits

Credits	Course Alpha / Number / Title
3	ENG 200 Composition II (or equivalent) <i>C- or higher</i>

Lower Division Math Requirement: 3 credits

Credits	Course Alpha / Number / Title
3	MATH 103 College Algebra, MATH 115 Statistics or higher (<i>C- or higher</i>) <i>*Will satisfy FS/FQ requirement</i>

Basic and Skills Requirements: 15 credits

Credits	Course Alpha / Number / Title
3	PSY 100 Survey of Psychology (or equivalent) <i>* Will satisfy one DS requirement</i>
3	PSY 212 Survey of Research Methods OR SSCI 301 Methods & Techniques in Social Science Research
3	PSY 402 History and Systems of Psychology
3	SSCI 210 Statistical Analysis I
3	SSCI 300 Philosophy of the Social Sciences

Concentration Requirements: 18 credits

6 credits from the following list of four lower-division content courses:

PSY 231 Physiological Psychology

PSY 240 Developmental Psychology

PSY 250 Social Psychology

PSY 260 Psychology of Personality

Credits	Course Alpha / Number / Title
3	
3	

Choose 3 credits from each of the following four clusters:**Human Development**

PSY 340 Childhood & Adolescence

PSY 342 Educational Psychology

PSY 343 Adolescent Development

PSY 442 Child Psychopathology

Social Psychology

PSY 302 Psychology of Sex and Gender

PSY 324 Psychology of Emotion

PSY 337 Positive Psychology

PSY 352 Varieties of Sexual Expression

PSY 404 Social Correlates of Psychoactive Drug Use

PSY 422 Magic, Witchcraft & the Supernatural

PSY 450 Small Groups

Experimental Psychology

PSY 322 Learning, Motivation, & Behavior Modification

PSY 323 Comparative Animal Psychology

PSY 325 Cognitive Psychology

PSY 405 Biological Correlates of Psychoactive Drug Use

PSY 429 Seminar in Experimental Psychology

Clinical and Applied Psychology

PSY 371 Abnormal Psychology

PSY 372 Systems of Psychotherapy

PSY 373 Counseling Skills

PSY 406 Assessment & Treatment of Substance Abuse & Addiction

PSY 408 Group Intervention in Sub. Abuse & Add

PSY 412 Psychological Testing

PSY 473 Psychology of Healing

PSY 474 Culture & Mental Illness

Credits	Course Alpha / Number / Title
3	
3	
3	
3	

Complementary Requirements: 9 credits**Nine upper-division credits from ONE additional social sciences area: ANTH, ECON, POLS, SCFS or SOC**

Credits	Course Alpha / Number / Title
3	
3	
3	

Capstone Requirement: 3 credits

Credits	Course Alpha / Number / Title
3	WI SSCI 486P Senior Project

Elective Requirements: 44 credits*

*See your College Success Advisor to determine how many elective credits are needed.

Credits	Course Alpha / Number / Title
3	<i>Upper Division (300-400 level)</i>
3	<i>Upper Division (300-400 level)</i>

Credits	Course Alpha / Number / Title
3	<i>Upper Division (300-400 level)</i>
3	<i>Upper Division (300-400 level)</i>
3	<i>Possible Upper Division (300-400 level) if you choose PSY 212</i>
3	
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NOTES: Dr. Katherine Aumer (kaumer@hawaii.edu), Dr. Mark Hanson (mhanson@hawaii.edu), Dr. Richard Langford (rlangfor@hawaii.edu), and Dr. Garyn Tsuru (garynt@hawaii.edu) are the faculty contacts for this degree.