

Bachelor of Arts in Humanities, History

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through STAR GPS at <https://www.star.hawaii.edu/>. Academic Advising appointments may be scheduled by calling 808-689-2689 or toll-free from neighbor islands at 866-299-8656 or by visiting STAR BALANCE at <https://www.star.hawaii.edu/appointment/login.jsp>. Please visit the Advising website for further information <https://westoahu.hawaii.edu/academics/advising/>.

Graduation Requirements (see the 2025-2026 catalog for any additional graduation requirements):

- | | | |
|--|---|--|
| <input type="checkbox"/> 45 Upper Division Credits Minimum | <input type="checkbox"/> 3 Upper Division Writing Intensive Courses | <input type="checkbox"/> 2.0 UHWO GPA |
| <input type="checkbox"/> 120 Total Credits Minimum | <input type="checkbox"/> Focus Requirements (OC, HAP, ETH) | <input type="checkbox"/> 2.0 CONCENTRATION GPA |
| <input type="checkbox"/> 30 UHWO Credits | | |

*Note: Some courses may be applied more than once to fulfill General Education, Core, or Concentration Requirements. Double-counted courses do not reduce the number of credits required for the concentration. Students are still responsible for meeting the minimum number of credits in the concentration and the overall total credits for graduation.

General Education Requirements: 31 credits

Credits	Course Alpha / Number / Title
3	Foundations Written Communications (FW) ENG 100 Composition I
3	Foundations of Quantitative Reasoning (FQ) PHIL 111, MATH 100, 103, 103M/L, 115, 135 or higher-level Math (<i>will satisfy lower division math requirement for Humanities</i>)
6	Foundations Global and Multicultural Perspectives (FG): 6 credits from two different groups (A, B, C): *Group A: Primarily before 1500 CE (e.g., HIST 151 or ANTH 151) *Group B: Primarily after 1500 CE (e.g., HIST 152 or ANTH 152) *Group C: Pre-history to present
6	Diversification Arts, Humanities & Literature (DA, DH, DL): 6 credits from two different areas
3	Diversification Social Sciences (DS): 6 credits from two different areas
3	Diversification Social Sciences (DS): Different area from above.
3	Diversification Natural Sciences (DB, DP, DY): 3 credits from the biological sciences (DB):
3	3 credits from the physical sciences (DP):
1	1 credit of laboratory (DY):

Writing Skills Requirement: 3 credits

Credits	Course Alpha / Number / Title
3	ENG 200 Composition II (or equivalent)

Lower Division Math Requirement: 3 credits

Credits	Course Alpha / Number / Title
3	PHIL 111, MATH 100, 103, 103M/L, 115, 135 or higher-level Math (<i>Will satisfy FQ General Ed Requirement</i>)

Humanities Core Requirements: 24-32 credits

Credits	Course Alpha / Number / Title
3	HIST 151 World History to 1500 (<i>course can also be used to fulfill FGA</i>)
3	HIST 152 World History since 1500 (<i>course can also be used to fulfill FGB</i>)
3	HUM 300 Humanities Seminar

9 credits of multidisciplinary courses with no more than 6 credits in any one SUBJECT area.

Note: Some courses may be used to fulfill a General Education and Core Requirement. Credits will be made up in the electives. Check with your College Success Advisor.

LING 102 Introduction to the Study of Language
 ENG 253 Survey of World Literature I
 ENG 254 World Literature II
 ENG 257 (alpha) Literary Themes
 HIST 156 World History of Human Disease
 HIST 241 Civilizations of Asia
 HIST 288 Survey of Pacific Islands History
 HAW 100 Language in Hawai'i: Microcosm
 HWST 107 Hawai'i: Center of the Pacific

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 PACS 108 Pacific Worlds: Intro to Pacific Island Studies
 MUS 106 Introduction to Music Literature
 MUS 107 Music in World Cultures
 MUS 121a Class Instruction I (2)
 MUS 208 Introduction to Songwriting
 PHIL 102 Intro to Philosophy: Asian Traditions
 PHIL 210 Social and Political Philosophy
 PHIL 220 Intro to Feminism

Credits	Course Alpha / Number / Title
0 or 3	
0 or 3	
3	

Complementary Requirement: Choose 6 upper-division credits in ONE additional Humanities concentration (other than the one you are specializing in): ENG, FMPC, HPST, MUS, PHIL, or MATH

Credits	Course Alpha / Number / Title
3	
3	

Hawaiian or Second Language Requirement: 6-8 credits

Demonstrate competence at the 102/122 (or equivalent) level in Hawaiian, Pacific Islands, or a second Language.

**Back Credit may be used, please check with your Faculty or College Success Advisor for more information.*

Credits	Course Alpha / Number / Title
3-4	
3-4	

History Concentration Requirements: 27 credits

Complete 27 credits of upper division 300 - 400 level HIST courses.

HIST 306 History of Southeast Asia
 HIST 308 Science and the Modern Prospect
 HIST 311 Chinese Culture
 HIST 312 Modern China
 HIST 318 Asian American History
 HIST 321 Japanese Culture
 HIST 322 Modern Japan
 HIST 323 Way of Tea in Japanese History and Culture
 HIST 325 Asian Economies, Business, and Consumers
 HIST 326 Japan Cool: Anime, Manga, and Film
 HIST 328 Modern Korea
 HIST 342 History of Economic Thought
 HIST 350 History of Terrorism
 HIST 354 History of Russia
 HIST 361 U.S. Women's History
 HIST 363 20th Century Popular, Mass & Counter-Culture
 HIST 364 World History through Music
 HIST 366 Women in Oceania
 HIST 367 Women in World History
 HIST 368 Global History of Sport
 HIST 369 K-Pop and J-Pop: Korean & Japanese Popular Music & Society
 HIST 370 U. S. Immigration History

HIST 371 African American History
 HIST 373 Filipinx American History
 HIST 376 20th Century Protest and Decolonization
 HIST 379 American Empire
 HIST 384 Hawai'i from European Contact to the Overthrow
 HIST 387 Crime and Corruption in Hawai'i
 HIST 393 U.S. Military History
 HIST 395 Science, Technology, and Empire since 1700
 HIST 398α Selected Topics in History
 HIST 433 Medieval Cultures
 HIST 436 World Environmental History 1500 to Present
 HIST 437 Pacific Archaeology
 HIST 443 Nazi Germany
 HIST 447 Environmental History of Oceania
 HIST 453 Colonial Medicine
 HIST 459 Europe Since 1945
 HIST 466 U.S. in the Pacific
 HIST 469 The Cold War
 HIST 470 Literature as History
 HIST 471 Polynesia before European Contact
 HIST 482 Pacific Islands
 HIST 483 Archaeology of Hawai'i

HIST 484 Pacific Islanders and WWII
HIST 485 History of Oceanic Connections
HIST 486 Marshall Islands Histories
HIST 487 Hawai'i During World War II
HIST 488 Twentieth Century Hawai'i

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HIST 498a Selected Topics in History
Or other 300-400 level HIST courses not already
used to meet a requirement

Credits	Course Alpha / Number / Title
3	Upper Division (300-400 level)
3	Upper Division (300-400 level)
3	Upper Division (300-400 level)
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3	Upper Division (300-400 level)
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3	Upper Division (300-400 level)
3	Upper Division (300-400 level)
3	Upper Division (300-400 level)

Capstone Requirement: 3 (UD) credits

Credits	Course Alpha / Number / Title
3	WI HIST 490 Senior Practicum OR WI HIST 491 Senior Project

Elective Requirements: 21-38 credits

6* Upper Division 15-32 Upper or Lower Division

**Please note Upper and Lower Division electives may vary depending on your course selection, *See your College Success Advisor

Credits	Course Alpha / Number / Title
3	Upper Division (300-400 level)
3	Upper Division (300-400 level)
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NOTES:

- Dr. Jayson Chun (jmchun@hawaii.edu), Dr. Kealani Cook (kealanic@hawaii.edu), Dr. Kimberly Compoc (compoc@hawaii.edu), and W.Matt Cavert (cavert@hawaii.edu) are the faculty contacts for this degree.
- All students (including native speakers of a language) with experience in a language other than English may earn "back credits." These students may take any UH West O'ahu language course, appropriate to their level, in which there is significant use of that language. The "Appropriate level" of a language will be determined by the placement exam, division policy, and/or the concentration's chair or advisor. "Significant use" of a language will be determined by the course content. Upon completion of this course, if students earn a letter grade of C (not C-) or better, they may receive between 3 and 16 back credits. For additional information, please contact Dr. Jayson Chun (email: jmchun@hawaii.edu).
- The History concentration is available via distance delivery.