

## Certificate of Hawaiian & Indigenous Health & Healing

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through MyUH at [myuh.hawaii.edu](http://myuh.hawaii.edu). Academic Advising appointments may be scheduled by calling [808-689-2689](tel:808-689-2689) or toll-free from neighbor islands at [866-299-8656](tel:866-299-8656).

The certificate program in Hawaiian & Indigenous Health & Healing enhances students' abilities to recognize and apply Hawaiian and Indigenous frameworks about health and well-being towards complex health problems present in Hawai'i today. Further, it can be combined with multiple other areas of study such as pre-health professions, natural science, social sciences, business, and law. Courses in this certificate can also be used to fulfill concentration and upper-division elective requirements in the BAS.

### Hawaiian & Indigenous Health & Healing Introductory Requirement: 6 credits

Credits	Course Alpha / Number / Title
3	HLTH 204 Introduction to Hawaiian and Indigenous Health and Healing
3	HLTH 205 Hawaiian Ways of Healing

### Hawaiian & Indigenous Health & Healing Theoretical Requirement: 6 credits

Credits	Course Alpha / Number / Title
3	HLTH 360 Health Disparities and Pacific Peoples
3	PUBA 338 Cultural Competence in Health Care <b>OR</b> HLTH 450 Theories of Wellness and Disease Across Cultures: Hawai'i and Beyond

### Hawaiian & Indigenous Health & Healing Practical Requirement: 6 credits

#### Select two courses from the following: (Check Prerequisites)

- HLTH 300 Ho'oponopono Novice Level A
- HLTH 305 Lā'au Lapa'au Novice Level A
- HLTH 310 Lomilomi Novice Level A
- HLTH 400 Ho'oponopono Novice Level B
- HLTH 405 Lā'au Lapa'au Novice Level B
- HLTH 410 Lomilomi Novice Level B

#### Only one of the following may apply:

- PUBA 307 Community Health Analysis
- PUBA 308 Community Engaged Research Methods
- SCFS 335 Politics of Food
- SCFS 336 Politics of Water
- SCFS 315 Wild Game Management and Processing
- SCFS 370 Ahupua'a – Hawaiian Natural Resource Management from Mountain to Sea
- SCFS 385 Loko I'a & Near Shore Fisheries Management of Hawai'i
- SCFS 415 Mahi'ai Kalo: Hawaiian Taro Production
- SCFS 484 Agriculture, Food & Human Values

Credits	Course Alpha / Number / Title
3	
3	

#### **NOTES:**

Dr. Kau'i Merritt is the faculty contact for this program. For additional information, Dr. Merritt may be reached at [nicolekb@hawaii.edu](mailto:nicolekb@hawaii.edu) or by phone at (808) 689-2385.