

Certificate of Hawaiian & Indigenous Health & Healing

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through STAR GPS at <https://www.star.hawaii.edu/>. Academic Advising appointments may be scheduled by calling 808-689-2689 or toll-free from neighbor islands at 866-299-8656 or by visiting STAR BALANCE at <https://www.star.hawaii.edu/appointment/login.jsp>. Please visit the Advising website for further information <https://westoahu.hawaii.edu/academics/advising/>.

The certificate program in Hawaiian & Indigenous Health & Healing enhances students' abilities to recognize and apply Hawaiian and Indigenous frameworks about health and well-being towards complex health problems present in Hawai'i today. Further, it can be combined with multiple other areas of study such as pre-health professions, natural science, social sciences, business, and law. Courses in this certificate can also be used to fulfill concentration and upper-division elective requirements in the BAS.

Hawaiian & Indigenous Health & Healing Introductory Requirement: 6 credits

Credits	Course Alpha / Number / Title
3	HLTH 204 Introduction to Hawaiian and Indigenous Health and Healing
3	HLTH 205 Hawaiian Ways of Healing

Hawaiian & Indigenous Health & Healing Theoretical Requirement: 6 credits

Credits	Course Alpha / Number / Title
3	HLTH 360 Health Disparities and Pacific Peoples
3	HLTH 450 Theories of Wellness and Disease Across Cultures: Hawai'i and Beyond OR HLTH 470 Research Methods for Indigenous Well-Being

Hawaiian & Indigenous Health & Healing Practical Requirement: 6 credits

Select two courses from the following: (Check Prerequisites)

- HLTH 300 Ho'oponopono Novice Level A
- HLTH 305 Lā'au Lapa'au Novice Level A
- HLTH 310 Lomilomi Novice Level A
- HLTH 400 Ho'oponopono Novice Level B
- HLTH 405 Lā'au Lapa'au Novice Level B
- HLTH 410 Lomilomi Novice Level B

Only one of the following may apply:

- PUBA 307 Community Health Analysis
- PUBA 308 Community Engaged Research Methods
- SCFS 335 Politics of Food
- SCFS 336 Politics of Water
- SCFS 370 Ahupua'a – Hawaiian Natural Resource Management from Mountain to Sea
- SCFS 385 Loko I'a & Near Shore Fisheries Management of Hawai'i
- SCFS 415 Mahi'ai Kalo: Hawaiian Taro Production

Credits	Course Alpha / Number / Title
3	
3	

NOTES:

Dr. Kau'i Merritt is the faculty contact for this program. For additional information, Dr. Merritt may be reached at nicolekb@hawaii.edu or by phone at (808) 689-2385.