

# Bachelor of Applied Science, Health Professions

## Pre-Occupational Therapy

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through [www.star.hawaii.edu](http://www.star.hawaii.edu). Academic Advising appointments may be scheduled by calling [808-689-2689](tel:808-689-2689) or toll-free from neighbor islands at [866-299-8656](tel:866-299-8656).

### **Graduation Requirements (see the 2024-25 catalog for any additional graduation requirements):**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> 45 Upper Division Credits Minimum | <input type="checkbox"/> 3 Upper Division Writing Intensive Courses | <input type="checkbox"/> 2.0 UHWO GPA          |
| <input type="checkbox"/> 120 Total Credits Minimum         | <input type="checkbox"/> Focus Requirements (OC, HAP, ETH)          | <input type="checkbox"/> 2.0 CONCENTRATION GPA |
| <input type="checkbox"/> 30 UHWO Credits                   |   |  |

*\*Note: Some courses may be applied more than once to fulfill General Education, Core, or Concentration Requirements. Double counted courses do not reduce the number of credits required for the concentration. Students are still responsible for meeting the minimum number of credits in the concentration and the overall total credits for graduation.*

### **General Education Requirements: 31 credits (\*15 credits see note above)**

Credits	Course Alpha / Number / Title
3	Foundations Written Communications (FW) ENG 100 Composition I
0*	Foundations of Quantitative Reasoning (FQ) <b>MATH 103, 103M/L, 115, 135 or higher-level Math</b>
6	Foundations Global and Multicultural Perspectives (FG): 6 credits from two <b>different</b> groups (A, B, C): *Group A: Primarily before 1500 CE (e.g., HIST 151 or ANTH 151) *Group B: Primarily after 1500 CE (e.g., HIST 152 or ANTH 152) *Group C: Pre-history to present
6	Diversification Arts, Humanities & Literature (DA, DH, DL): 6 credits from two different areas
0*	Diversification Social Sciences (DS): 6 credits from two different areas <b>PSY 100</b>
0*	Diversification Social Sciences (DS): Different area from above. <b>SOC 100</b>
0*	Diversification Natural Sciences (DB, DP, DY): 3 credits from the biological sciences (DB): <b>PHYL 141</b>
0*	3 credits from the physical sciences (DP): <b>CHEM 161</b>
0*	1 credit of laboratory (DY): <b>CHEM 161L</b>

### **Writing Skills Requirement: 3 credits**

Credits	Course Alpha / Number / Title
3	ENG 200, ENG 209, or ENG 220 (with a C- or higher)

### **Lower Division Math Requirement: 3 credits**

Credits	Course Alpha / Number / Title
3	MATH 103, 103M/L, 115, 135 or higher ( <i>Will Satisfy general education FQ above</i> )

### **BAS Core Requirements: 12 credits**

Credits	Course Alpha / Number / Title
3	ICS 101 Intro to Digital Tools for the Information World
3	BIOL 310 Statistics for Biologists or HLTH 460 Biostatistics Prerequisite: Completion of MATH 135 or consent of instructor
3	BIOL 365 Research Methods in Biology Prerequisite: Completion of BIOL 171 with a C or better
3	<b>Select one course from the following:</b> PUBA 477 Ethics and Health Care Administration BIOL 405 Ethics for Biologists

**Health Professions Foundation Requirements: 18 credits**

Credits	Course Alpha / Number / Title
3	HLTH 117 Survey of Health Professions
3	HLTH 123 Introduction to Clinical Skills & Patient Care
3	HLTH 204 Introduction to Native Hawaiian & Indigenous Health & Healing
3	PSY 100 Survey of Psychology <i>(Will satisfy general ed DS above)</i>
3	HLTH 395 Health and Wellness for Life
3	HLTH 488 Practicum in Health Professions

**Pre-Occupational Therapy Track Requirements: 27 credits**

Credits	Course Alpha / Number / Title
4	<b>Select one of the following:</b> <i>(Will satisfy general ed DP and DY above)</i> CHEM 161/161L General Chemistry I & Lab Prerequisite: Placement into or concurrent enrollment in ENG 100 and completion of MATH 103 with a C or better PHYS 151/ 151L College Physics I and Lab Prerequisite: MATH 140 with a C or better
3	HLTH 242 Medical Terminology
4	PHYL 141/ 141L Human Anatomy & Physiology I and Lab <i>(Will satisfy general ed DB above)</i> Prerequisite: Completion of or concurrent enrollment in ENG 100
4	PHYL 142/ 142L Human Anatomy & Physiology II and Lab Prerequisite: Completion of PHYL 141 and 141L
3	PSY 240 Developmental Psychology
3	PSY 371 Abnormal Psychology
3	PUBA 314 Community Epidemiology & Population Health
3	SOC 100 Survey of General Sociology <i>(Will satisfy general ed DS above)</i>

**Pre-Occupational Therapy Elective Requirements: 15 credits****Select 5 courses from the following**

Some courses may have pre-requisites. One course is recommended to be writing intensive. Courses with an (\*) are highly recommended for graduate school. Please speak with a faculty advisor.

ANTH 384/L Human Skeletal Biology & Lab (xlst BIOL)

ANTH 425 Medical Anthropology

BIOL 302 The One Health Approach to Infectious Disease

BIOL 340 Genetics, Evolution, and Society

BIOL 390 Communicating in Biological Sciences

HLTH 353 Structural Kinesiology

PHYL 354/L Exercise Physiology & Lab

PSY 473\* Psychology of Healing (xlst PUBA)

PUBA 319\* Survey of Long-Term Care

PUBA 334 Intersection of Community & Global Health

PUBA 338 \* Cultural Competency in Health Care

PUBA 354 Program Planning & Evaluation in Health Care

PUBA 446 Contemporary Issues in Health Care

SOC 354 Survey of Medical Sociology

SCFS 340 Food Sovereignty, Nutrition & Human

Wellbeing: Reconnecting Food, Nature & Community

Credits	Course Alpha / Number / Title
3	
3	
3	
3	
3	

**Capstone Requirement: 3 credits**

Credits	Course Alpha / Number / Title
3	APSC 486P Senior Project (WI)

**Elective Requirements: 24**

See your College Success Advisor to confirm how many Upper and Lower Division electives needed

Credits	Course Alpha / Number / Title
3	Upper Division Elective (300-400 level)
3	Upper Division Elective (300-400 level)
3	
3	
3	
3	
3	
3	

**NOTES:** Dr. Rebecca Romine ([rromine@hawaii.edu](mailto:rromine@hawaii.edu)) is the faculty contact for this program.

- Students who choose the pre-occupational therapy specialization have the opportunity to utilize the practicum course to obtain a portion of the clinical hours (with direct patient care) required to apply to an Occupational Therapy graduate program.