

Bachelor of Applied Science, Hawaiian & Indigenous Health & Healing

The goal of academic advising is to further enhance the educational mission of the university, and create quality, accessible advising partnerships with all students in a positive environment that supports student success. This advising sheet is for tracking purposes toward degree completion and is subject to change. Students also may track their academic progress via STAR Degree Check through MyUH at myuh.hawaii.edu. Academic Advising appointments may be scheduled by calling 808-689-2689 or toll-free from neighbor islands at 866-299-8656.

Graduation Requirements (see the 2019-2020 catalog for any additional graduation requirements):

- | | | |
|--|---|--|
| <input type="checkbox"/> 45 Upper Division Credits Minimum | <input type="checkbox"/> 3 Upper Division Writing Intensive Courses | <input type="checkbox"/> 2.0 UHWO GPA |
| <input type="checkbox"/> 120 Total Credits Minimum | <input type="checkbox"/> Focus Requirements (OC, HAP, ETH) | <input type="checkbox"/> 2.0 CONCENTRATION GPA |
| <input type="checkbox"/> 30 UHWO Credits | | |

General Education Requirements: 31 credits

Credits	Course Alpha / Number / Title
3	Foundations Written Communications (FW) ENG 100 Composition I
3	Foundations Symbolic Reasoning (FS) OR Foundations of Quantitative Reasoning (FQ) MATH 100, 103, 103M/L, 115, 135 or higher (<i>Will Satisfy Lower Division Math Requirement below</i>)
6	Foundations Global and Multicultural Perspectives (FG): 6 credits from two different groups (A, B, C): *Group A: Primarily before 1500 CE (e.g.; HIST 151 or ANTH 151) *Group B: Primarily after 1500 CE (e.g.; HIST 152 or ANTH 152) *Group C: Pre-history to present
6	Diversification Arts, Humanities & Literature (DA, DH, DL): 6 credits from two different areas
3	Diversification Social Sciences (DS): 6 credits from two different areas
3	Diversification Social Sciences (DS): Different area from above.
3	Diversification Natural Sciences (DB, DP, DY): 3 credits from the biological sciences (DB):
3	3 credits from the physical sciences (DP):
1	1 credit of laboratory (DY):

Writing Skills Requirement: 3 credits

Select one course from the following:

- ENG 200 Composition II
- ENG 209 Business Writing
- ENG 210 Writing Term Papers
- ENG 215 Research/Argumentative Writing

Credits	Course Alpha / Number / Title
3	

Lower Division Math Requirement: 0-3 credits

Credits	Course Alpha / Number / Title
0-3	MATH 100, 103 115, 135 or higher (<i>Will Satisfy general education FQ above</i>)

Applied Science Core Requirements: 12 credits (9-12 credits)

Credits	Course Alpha / Number / Title
3	ICS 101 Intro to Digital Tools for the Information World OR PUBA 335 Technology for Public Administration
3	SSCI 301 Methods and Techniques in Social Science Research

Select one course from the following: (Check Prerequisites)

SSCI 210 Statistical Analysis I

PUBA 341 Statistics for Decision-Making in Public Administration

BUSA 320 Statistics for Decision-Making

Credits	Course Alpha / Number / Title
3	

Select one Ethics course from the following:

PUBA 481 Ethics and Administration

PUBA 477 Ethics and Health Care Administration

MGT 301 Business Ethics

SCFS 485 Cross-Cultural Environmental Ethics

Any Upper Division (300-400 level) course designated as an ETH

Credits	Course Alpha / Number / Title
3	

Hawaiian & Indigenous Health & Healing Introductory Requirement: 9 credits**Select one course from the following:**

PUBA 104 Introduction to Community Health

HLTH 117 Survey of Health Professions

HLTH 123 Introduction to Clinical Skills and Patient Care

Credits	Course Alpha / Number / Title
3	
3	HLTH 204 Introduction to Hawaiian and Indigenous Health and Healing
3	HLTH 205 Hawaiian Ways of Healing

Hawaiian & Indigenous Health & Healing Concentration Requirement: 15 credits

Credits	Course Alpha / Number / Title
3	HLTH 300 Ho'oponopono – Novice Level
3	PUBA 302 Health Policy, Politics & Law
3	PUBA 307 Community Health Analysis
3	SCFS 340 Food Sovereignty, Nutrition & Human Wellbeing: Reconnecting Food, Nature and Community
3	HLTH 401 Ho'oponopono (Novice B) (in development)

Hawaiian & Indigenous Health & Healing Concentration Electives: 12 credits**Select four courses from the list below:**

ANTH 350 Pacific Island Cultures

ANTH 448 Micronesian Cultures

ANTH 480 Land, Culture & Social Justice

ANTH 481 Anthropology in Action and Building a Career

EDUC 210 Hawaiian Ways of Knowing and Education

HPST 212 Pa'a Ke Kahua: Hula Foundations

HPST 304 Hawaiian-Pacific Traditions

HPST 312 Kūnihi Ka Mauna: Hula Journeys

HPST 327 Mālama 'Āina: Land-Based Literacies

HPST/POLS 342 Indigenous Peoples & Modernity

HPST 365 Geography of the Pacific

HPST/POLS 381 Hawai'i Politics

HPST/HIST 384 Hawaii from European Contact

HPST 430 Contemporary Pacific Globalization and Change

HPST/ANTH/HIST 437 Pacific Archeology

HPST/POLS 440 Kānāwai Hawai'i: Native Hawaiian Law

HPST 450 Pacific Islander Diaspora Experiences

HPST 471 Polynesia Before European Contact

HPST 482 Pacific Islands

HPST 483 Archeology of Hawaii

HPST/HIST 488 Twentieth Century Hawaii

HPST/POLS 489 Political Conflict in the Pacific

POLS 450 Pacific Asian Politics

HAWAIIAN LANGUAGE (ONLY 3 CREDITS ALLOWED):

HAW 101 Elementary Hawaiian I

HAW 102 Elementary Hawaiian 2

HAW 201 Intermediate Hawaiian I

HAW 202 Intermediate Hawaiian II

HAW 301 Third-Level Hawaiian I

HAW 302 Third-Level Hawaiian II

HAW 401 Fourth-Level Hawaiian I

HAW 402 Fourth-Level Hawaiian II

Credits	Course Alpha / Number / Title
3	
3	
3	
3	

Health, Culture & Food Elective Courses: 9 credits

Select three courses from the list below:

BIOC 141 Fundamental Biochemistry	SCFC 340 Food Sovereignty, Nutrition & Human Well Being: Reconnecting Food, Nature & Community
BIOL 171/L Introduction to Biology I and Lab	SCFS 300 Survey of Sustainable Food Systems in Hawai'i
BIOL 172/L Introduction to Biology I and Lab	SCFS 360 Survey of Literature on Agriculture Food & the Environment
BIOL 275/L Cell and Molecular Biology and Lab	SCFS 370 Ahupua'a – Hawaiian Natural Resource Management from Mountain to Sea
CHEM 161/L General Chemistry I and Lab	SCFS 385 Loko I'a & Near Shore Fisheries Management of Hawai'i
CHEM 162/L General Chemistry II and Lab	SCFS/POLS 336 Politics of Water
CHEM 272/L Organic Chemistry I and Lab	SCFS 415 Mahi'ai Kalo: Hawaiian Taro Production
CHEM 273/L Organic Chemistry II (3) and Lab (2)	SCFS 450 Climate Change, Food Security & Resilience
HLTH 200 (Alpha) Introduction to Hawaiian Health & Healing	SCFS 455 Indigenous & Western Environmental Worldviews
HLTH 202 Healing Practices Across Cultures	SCFS 484 Agriculture, Food & Human Values
HLTH 395 Health and Wellness for Life	SCFS/POLS 335 Politics of Food
HPST/GEOG 328 Culture & Environment	SCFS/POLS 345 Native Plants & Indigenous Natural Resource Management
PHYL 141/L Human Anatomy & Physiology & Lab I	SOC 324 Sociology of Race & Ethnic Relations
PHYL 142/L Human Anatomy & Physiology & Lab II	SOC 353 Sociology of Aging
PHYS 151/L College Physics I and Lab	SOC 354 Medical Sociology
PHYS 152/L College Physics II and lab	SOC 355 Death, Dying & Bereavement
PSY 474 Culture & Mental Illness	SOC 362 Gender, Culture, and Society
PUBA 307 Community Health Analysis	SOC 369 Sociology of Men and Masculinities
PUBA 319 Long Term Care	SOC 451 Analysis of Marriage and Family
PUBA 327 Indigenous Governance	SOC 479 Applied Sociology: Community-Based Participatory Research in Health
PUBA 334 The Intersection of Community & Global Health	SOC/HPST 456 Peoples of Hawai'i
PUBA 338 Cultural Competence in Health Care	SOC/PUBA 431 Juvenile Delinquency
PUBA 354 Program Planning and Evaluation in Health Care	SSCI 326 Hawaiian and Pacific Environments
PUBA 368 Foundations in Community Health & Health Behavior	
PUBA 436 Sex Crimes and Offenders	
PUBA 445 Domestic Violence	
PUBA 446 Contemporary Issues in Health Care	
PUBA 461 Social Dimensions of Disaster Response	

Credits	Course Alpha / Number / Title
3	
3	
3	

Capstone: 3 credits

Credits	Course Alpha / Number / Title
3	APSC 486J Senior Project-HIHH (Kaumaha)

Elective Requirements: 26-29 credits

*Please note Upper and Lower Division electives may vary depending on your course selection. See a Student Services Academic Advisor

Credits	Course Alpha / Number / Title
3	<i>Possible Upper Division (300-400 level)</i>
3	<i>Possible Upper Division (300-400 level)</i>
3	<i>Possible Upper Division (300-400 level)</i>

Credits	Course Alpha / Number / Title
3	<i>Possible Upper Division (300-400 level)</i>
3	
3	
3	
3	
3	
2	

NOTES: Dr. Ricardo Custodio is the faculty contact for this program. For additional information, Dr. Custodio may be reached at ricardo8@hawaii.edu or by phone at (808) 689-2480. This is what is listed in the catalog, however we can add or change.