## DO choose masks that



Have two or more layers of washable, breathable fabric



**DO NOT choose masks that** 

Are made of fabric that makes it hard to breathe, for example, vinyl



Completely cover your nose and mouth



Have exhalation valves or vents, which allow virus particles to escape



Fit snugly against the sides of your face and don't have gaps



Are intended for healthcare workers, including N95 respirators



Have a nose wire to prevent air from leaking out of the top of the mask



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