

# MY PILINA PROMISE



FEB 2024

ENGLISH	'ŌLELO HAWAI'I
<b>MY PILINA PROMISE</b>	<b>KA'U HO'OHIKI PILINA</b>
I will cultivate meaningful connections	E mālama au i nā pilina maika'i
I will nurture healthy relationships	E mālama au i nā pilina kūpono
I will set clear personal boundaries	E mālama au i nā palena pilikino
I will respect the boundaries of others	E mālama au i nā palena a ha'i
I will communicate openly & honestly	E mālama au i ka ho'oka'a'ike piha a 'oia'i'o
I will listen intentionally and fully	E mālama au i ka ho'olohe kūpono
I will ask for help when I need it	E noi au i kōkua ke pono
I will be helpful & kind when I am needed	E mālama aku a kōkua aku au
I will be mindful of my personal space	E mālama au i ko'u wahi pilikino
I will advocate for and create safe spaces	E mālama a paipai aku au i nā honua kūola
I will invest in me and grow into my greatness	E mālama mai au i ko'u ho'oikaika 'ana
I will be unapologetically and proudly me	E kū ha'aheo au, 'o wau iho nō